

# CIVITAS & Economy

CiViTAS  
“quotes”

“ More **walking** and **cycling** for any purpose – for work, education, shopping, social and leisure trips – can generate **economic benefits** through improved public health in addition to reduced pollution and congestion



Adult obesity and overweight are responsible for up to **6%** of health care expenditure in the European Region

## Sources

CIVITAS INSIGHT, The high potential of walking  
WHO, European Ministerial Conference on counteracting obesity