

What you can do in and around Umeå

Food and music



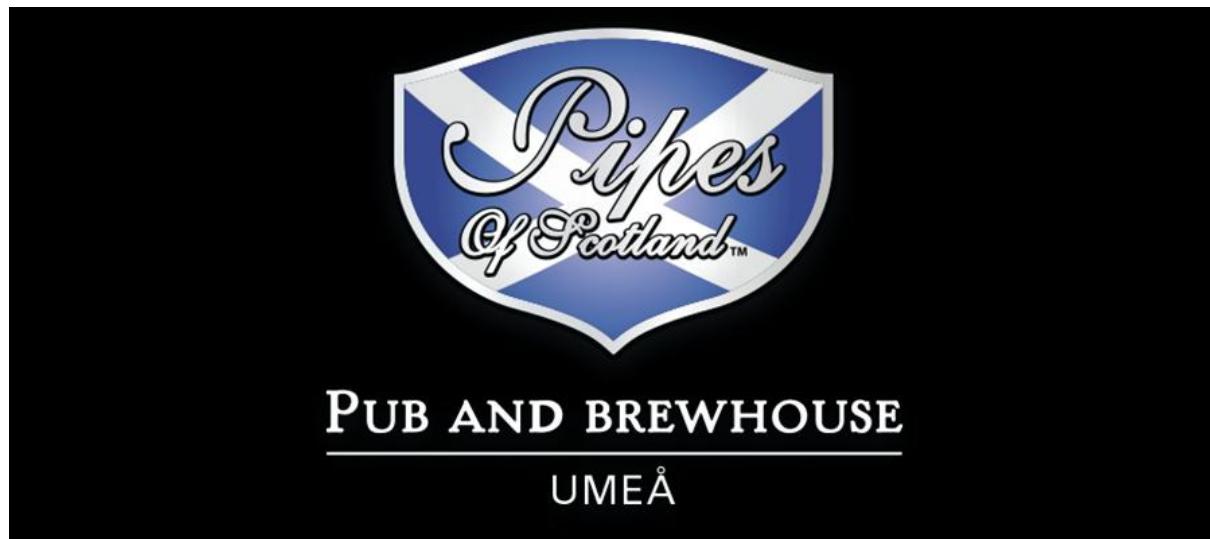
Restaurant with music - <http://plectrum.se/umea/>

Thursday 19 September - Barbro Hörberg and Lena Sparr-Öberg & Birgit Lindberg

Friday 21 September - J & M Duo, 22.00

Saturday 22 September - Afternoon jazz 15.00, Staffan Öberg Quartett

Saturday 22 September - PLAN B, 22.00



<https://ligula.se/en/pipes-of-scotland-umea/>

18 September	Tuesday	HeavyTisdag
19 September	Wednesday	Pop Quiz
20 September	Thursday	Live-Karaoke
21 September	Friday	DeMoll
21 September	Saturday	DeMoll



Restaurant and sportsbar: <http://www.allstarbar.se/umea/>



<https://gotthardskrog.se/en>

Dinner - Gotthards Dining Room

We proudly present Gotthards Dining Room - by entirely reworking and renewing our concept we want to present an exclusive experience where we've taken our creative, sustainable cuisine to the next level.

The core of our presentations is, as always, the best quality ingredients whose pure characteristics speak for themselves. These are accompanied by carefully chosen elements to awaken a spirit of adventure.

As our guest, you first decide whether you would like to eat 4 or 6 courses. After that you pick what courses from the seasonally changing menu catches your eye. You can go entirely green or switch between vegetarian, fish, seafood and meat - whatever your choice, the components of your menu will always work together in harmony.

Dinner - The Indoor Square

The pleasant indoor square at Gotthards has taken it upon itself to bring together the best of two worlds.

A great quality restaurant experience with enough of a casual atmosphere to fit everyone. An à la carte with a streak of rebellion. A local hang-out with the adventurous atmosphere of a back alley streetfood stall.

From the time we open to the time we close, we invite you to come around and hang out with us under the indoor street lights, whether for drinks, snacks or dinner.

No rules, no beginning and no end. Just great food in a great atmosphere.



Every Friday – democratically dancefloor

<http://www.pubhundra.se/>

Art and museums - current exhibitions

**BILD MUSEET
UMEÅ
UNIVERSITY**

<http://www.bildmuseet.umu.se/en/>



Eco-Visionaries

2018-06-15 - 2018-10-21

The works in Eco-Visionaries present alternative approaches to, and ideas about the relationship between human beings and the environmental, social and mental ecologies – systems that are intrinsically linked and interactive. The participating artists propose more sustainable attitudes towards the place of human beings on this earth. The exhibition includes video works, drawings, sound, books and installations.



Jochen Lempert / Sudden Spring

2018-06-15 - 2018-10-21

Jochen Lempert (f. 1958, Germany) is a trained biologist and has been working as an artist since the early 1990s, with black-and-white photography as his primary medium. Flocks of birds, insects, ocean waves or the interplay of light and shadow on foliage; he observes his motifs with the gaze of both a researcher and an artist. In 2017, Jochen Lempert received the prestigious Camera Austria Award for Contemporary Photography. This is his first solo exhibition in the Nordic countries.

XX KVINNOHISTORISKT MUSEUM

[Kvinnohistoriskt museum](#)

W.A.R.S.

Women, Activism
and Reorganizing Societies 1789-1914

16 June 2018 - April 28 2019

[More details](#)



ROOTS - A TANGLED HISTORY

A dark story about gender
and power, identity and history

22 November 2014 - 2018

[More details](#)



Guitars

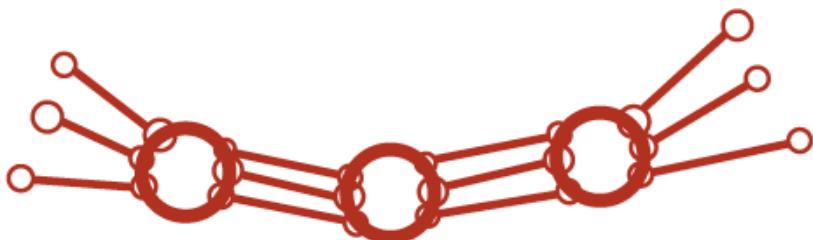
<http://www.guitarsthemuseum.com/static/sv/>

Guitars – The Museum

This is located downtown Umeå, “the capital” of the Norrland. Tucked in between the Norrlandsoperan (the only professional operahouse in the vast area of northern Sweden) and the renowned cultural center, Umeå Folkets Hus (holding international jazz, folk and other music festival, there are wooden stairs in a steep angle two stories up. The museum is located all the way up on the top floor.

Opening hours: Monday - Saturday 12:00 - 18:00pm

Guided tours at: 12:00 & 15:00 & 17:00 - often led by twin brothers Sam and Mike - who own the collection.



VÄSTERBOTTENS MUSEUM

<https://www.vbm.se/en/utstallningar/>

Childhoods

22 October — 30 September

Children and youngsters are important in Sune Jonson's photographs treasure of images. Here we see The little ones, busy with their everyday chores, extensive personal responsibilities, and at the same time engrossed in simply being a child. Of those we meet here some are familiar, others we encounter for the first time.



Blue years

29 June 2018 - ongoing

A short documentary by Maria Mäki with two different perspectives on Sweden Finns. It's a story of existence, language, and longing. Antti, 75, was born in a Sami family, and Lovisa, 29, grew up surrounded by Swedes. Both of them learned Finnish early in their lives which has had an impact on their self-image, whilst also challenging the definition of national identity.



Prague '68

21 August 2018 — 20 January 2019

In August 1968, photographer Sune Jonsson and journalist Dag Lindberg were in Prague on a mission to cover "The Prague Spring", but instead landed right in the middle of the invasion from the Soviet-led Warsaw Pact armies.



Rock art in Sàpmi

<https://www.vbm.se/en/utstallningar/rock-art-in-sapmi/>

Photos, film and images give you an insight into the representational world of Stone Age man.





THE CIVITAS INITIATIVE
IS CO-FINANCED BY THE
EUROPEAN UNION

CiViTAS FORUM 2018

CiViTAS ANNUAL CONFERENCE | 19-21 SEPTEMBER 2018 | UMEÅ | SWEDEN



Other information links

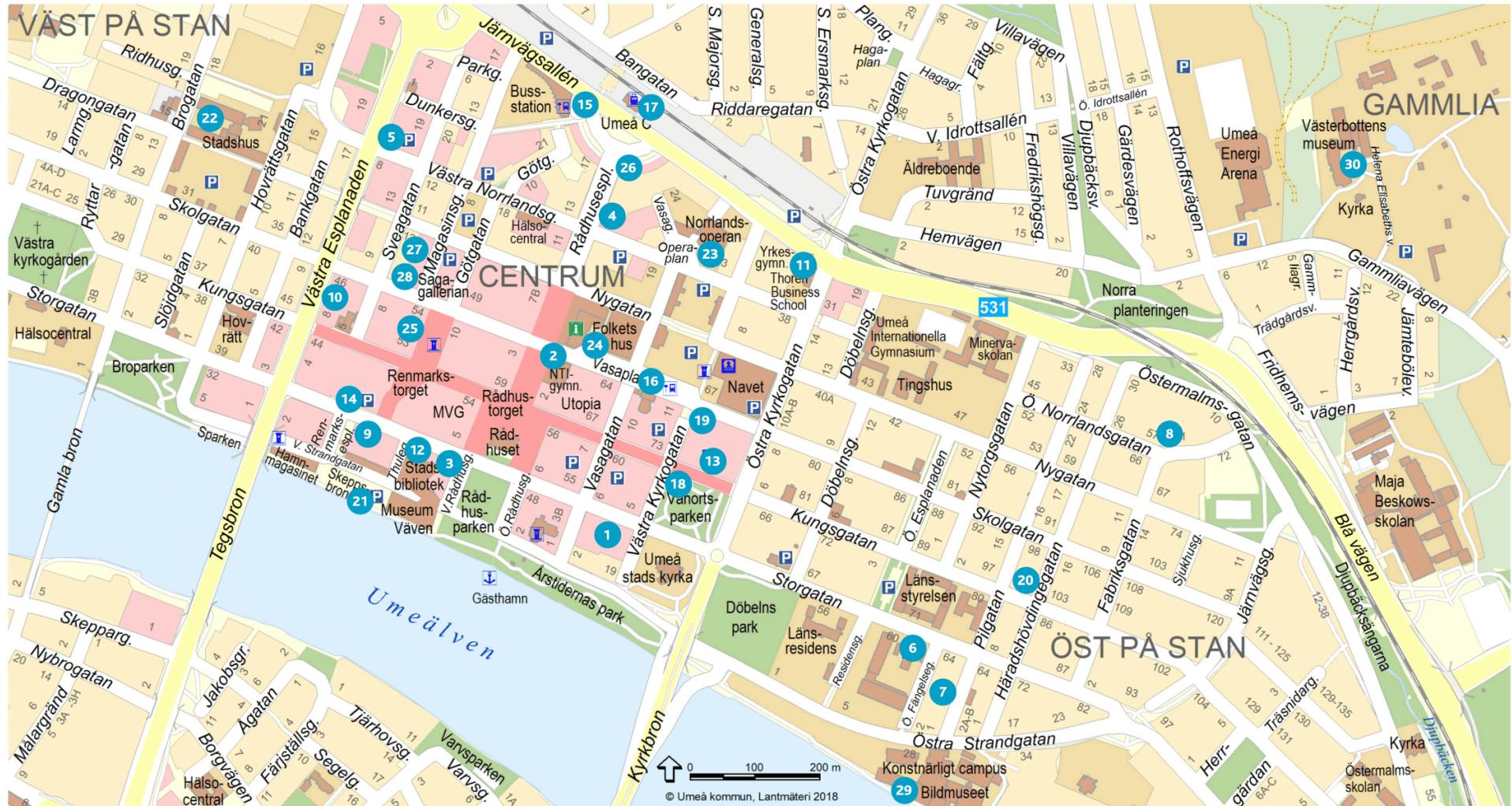
Visit Umeå: <https://www.visitumea.se/sv/las-broschyror#overlay-context=sv>

European Capital of Culture: <http://umea2014.se/en/>

Project Ruggedised: <http://www.ruggedised.eu/>

Arboretum Norr: <http://www.arboretum-norr.se/en/>

Moosefarm Älgens hus: <http://algenshus.se/?lang=en>



BOENDE / ACCOMMODATION

- Clarion Collection Hotel Uman +46 (0)90 12 72 20
- Comfort Hotel Winn 71 11 00
- Best Western Premier Collection Stora Hotellet 77 88 70
- Hotel Aveny, Profil Hotels 13 41 00
- First Hotel Dragonen 12 58 00
- Hotell Gamla Fängelset 10 03 80
- Hotell Pilen 14 14 60
- 57:an Rumsuthyrning +46(0)70-620 47 46
- Scandic Plaza 205 63 00
- STF Vandrarhem 77 16 50
- Norrland YMCA Hostel 18 57 18
- Best Western Signature Collection U&Me Hotel info@umehotel.se

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- Elite Hotel Mimer 13. 203 94 00
- Comfort Hotel Umeå City 14. 201 09 00

BUSS OCH TÄG / BUS AND TRAIN

- Busstation (fjärstrafik/long distance buses) +46(0)771-100 110
- Reseinfo/ Travel info 15. 16. Vasaplan (lokalbussar/ local buses) +46(0)771-100 110
- Reseinfo/ Travel info 17. Umeå Centralstation (train station) +46(0)771-100 110
- Buss till/bus to Wasaline (förbokas/book in advance) 18. 14 14 14
- Flygbuss/Airport bus 19. Flygbuss/Airport bus

CYKELUTHYRNING / BICYCLE RENTAL

- Cykeln och Mopedhandlaren 20. 14 01 70

ÖVRIGT / MORE

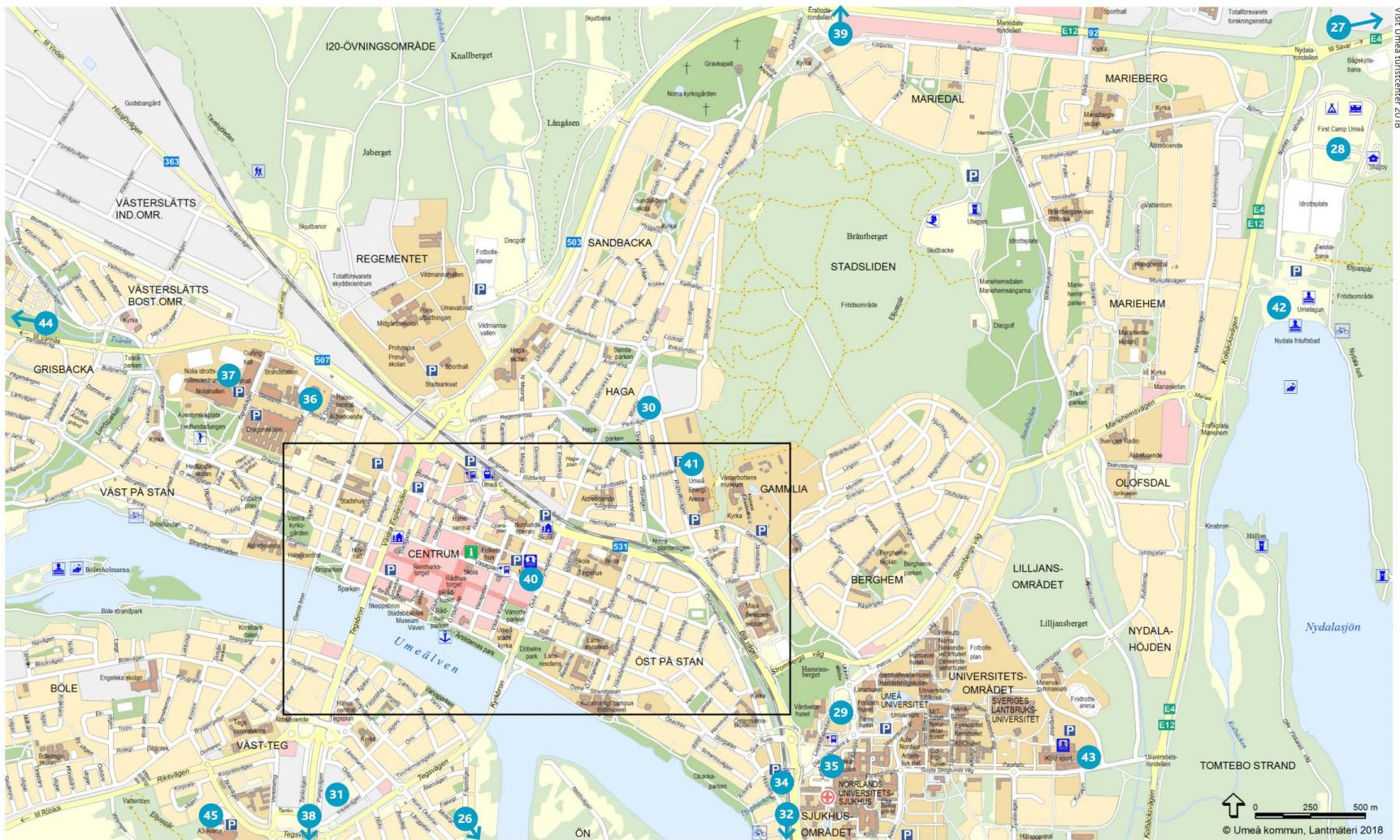
- Skeppsbron 21. 16 10 00
- Umeå kommun, Stadshuset 22. 15 43 00
- Norrländsoperan 23. 15 62 00
- Umeå Folkets Hus 24. 13 31 80
- Biljettcentrum, Umeå Folkets Hus 25. 14 00 00
- Forex/ Foreign Exchange +46(0)10-211 16 31 26. Postombud, ICA Närå Bågen 77 02 18
- Skatteverket, Försäkringskassan, Pensionsmyndigheten 27. 14 14 14
- Arbetsförmedlingen 28.

SEVÄRDHETER / SIGHTS

- Guitars – the Museum (from 2019) 24. 580 90
- Bildmuseet 29. 786 74 00
- Västerbottens museum 30. 16 39 00
- Kvinnohistoriskt museum 12. 16 34 98
- Umedalen skulpturpark 44.

TAXI

- | | |
|--------------------|--------------------|
| Eco Taxi | 911 911 |
| Sverigetaxi i Umeå | 100 100 |
| Taxi Kurir | 18 18 18 |
| Umeå Taxi | 77 00 00 |
| Umeå Eltaxi | 10 00 00 |
| Ume Ecoride | +46(0)70-912 10 06 |



Vist Umeå turistcenter 2018

BOENDE / ACCOMMODATION +46 (0)90	
26. Best Western Hotel Botnia	13 54 90
(flygplats/airport)	
27. Hotell Entré Norr	18 06 90
28. First Camp Umeå	70 26 00
29. Hotell Björken (NUS)	10 87 00
30. OK Hotell	10 85 00
31. Scandic Umeå Syd	205 60 00

BUSS, TÅG, FLYGPLATS / BUS, TRAIN, AIRPORT	
26. Umeå Airport (flygplats)	
34. Umeå Östra (train station)	
35. Reseinfo / Travel info NUS	+46 (0)771-100 110

ÖVRIGT / MORE	
32. Strömpilen (shopping)	
36. Polis	114 14, +46 77 114 14 00
37. Dragonens idrotts- och mässcentrum / Nolia	
38. Söderlättshandelsområde (IKEA, Avion Shopping)	
39. Stora Birk (shopping)	
44. Klockarbacken (shopping)	

BAD / SWIMMING, SPORT	
37. Noliahallen, Curlinghall	12 48 84
40. Navet (simhall)	16 16 40
41. Umeå Energi Arena	
42. UmeLagun (äventyrsbad, sommar)	16 55 55
43. IKSU Sportcenter	17 08 10
44. IKSU Spa	71 24 60
45. A3 Arena (ishall)	

visitumea.se

VISIT UMEÅ TURISTCENTER

Rådhusesplanned 6A, 903 28 Umeå

+46 (0)90-16 16 16, www.visitumea.se,

info@visitumea.se

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